

April 2026
EDITION

GRIT

at *Magnolia*
MEADOWS

THE RESILIENCE REPORT

help. healing. hope.

EXPANDING Who We Serve at GRIT

ER nurses and flight medics are often the front line behind the front line...the ones who receive, stabilize, and carry the weight of the worst moments others respond to. Day after day, they operate in high-pressure environments filled with trauma, loss, and split-second decisions, all while being expected to stay composed and move on to the next call without pause. Over time, that constant exposure doesn't just fade at the end of a shift; it accumulates, showing up as burnout, emotional fatigue, and the quiet toll of secondary trauma that too often goes unrecognized.

We believe it's time to bring these roles fully into the conversation. ER nurses and flight medics may work in different settings than traditional first responders, but the exposure, the pressure, and the impact are just as real. Our commitment is to ensure they have access to trauma-informed care that understands their world; one that respects their strength while creating space to address the weight they carry, often silently, every day. You show up for everyone. We show up for you.

CARE without categories

At GRIT at Magnolia Meadows, we recognize that not every struggle fits into a single category and that's exactly what sets us apart from most treatment centers. While many programs are limited to either primary mental health or substance use, we are fully licensed to treat both, allowing us to meet individuals where they are without forcing them into a one-size-fits-all track. This flexibility reduces gaps in care, prevents unnecessary transitions between programs, and allows for a more consistent, stable treatment experience from start to finish. Whether someone is navigating mental health concerns, substance use, or co-occurring challenges, our approach is integrated and individualized. We treat each case based on what's actually going on (not just a label) ensuring care that is intentional, specific, and built around the person, not the program. It also allows our clinical team to adjust in real time as needs shift, which is often the reality in this work. The result is care that is more accurate, more effective, and ultimately more meaningful for the people we serve.

www.magnoliameadows.com



Meet
Maple!!



FLAVOR BRIEFING



Southwest Black Bean
Fork & Knife Caesar



Korean Mushroom
Stuffed Pepper



Ginger Apple
Kale Salad



Vegetarian Frittata with
Spicy Sour Cream Sauce



with Chef Andy

Paws & Purpose.

TAILS FROM THE DOGHOUSE



Maple Mae



Kali & Nash

Meet Maple!

Meet Maple Mae Farley, born December 4, 2025, a bright and energetic service dog in training. Maple is currently working on basic obedience and socialization, building a strong foundation for the important role ahead. As she progresses, her training will focus on becoming a certified psychiatric service dog (PSD), with primary responsibilities including behavior interruption and deep pressure therapy. Maple is highly intelligent, learns quickly, and brings a joyful energy wherever she goes. She loves playing with our other dog and is especially fond of spending time with our kids and neighborhood children, making her not only a promising future service dog, but also a wonderful part of the family.

GRIT TEAM spotlight



Leigh 2026

Leigh is a cornerstone of our clinical team at GRIT. As our Primary Therapist, she brings a strong balance of compassion and accountability; challenging clients when needed while meeting them with genuine care. Known as the master of crafts, Leigh uses creativity to help clients engage and open up. Whether leading groups or stepping in wherever needed, she embodies a true "doer of all things" mindset and leaves a lasting impact on our program.



Introducing the

GRIT



Alumni Peer Support Team

Individuals who have walked this path and are available to connect with prospective clients before admission.

Sometimes the most helpful voice, is someone who's lived it.

"YOU SHOW UP FOR EVERYONE. WE SHOW UP FOR YOU."



Need Help? Call us at (855) 644-7500
www.magnoliameadows.com

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